



**District Health
Department #10**
Healthy People, Healthy Communities



DISTRICT HEALTH DEPARTMENT #10 TOBACCO TREATMENT PROGRAM POSTS SECOND QUARTER RESULTS

May 29, 2024 – District Health Department #10 (DHD#10) is announcing the successful outcomes of their Tobacco Treatment Program (TTP) for the second quarter of the year. The TTP, designed to help individuals quit tobacco use, has shown significant progress, reflecting DHD#10’s commitment to public health and community well-being.



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Tobacco Treatment Program (TTP)

DHD#10's Tobacco Treatment Program is a FREE, comprehensive service available to individuals or groups, providing support through trained Tobacco Treatment Specialists (TTS). The TTP program is designed to assist participants in their journey to quit tobacco by offering personalized plans, resources, and ongoing support.

Key Features of the Tobacco Treatment Program

- **Personalized Support:** Help participants understand the effects of tobacco and nicotine on their health and assist them in developing a personalized quit plan.
- **Resource Provision:** Answer questions, provide information, and recommend Nicotine Replacement Therapy (NRT) in collaboration with healthcare providers.
- **Insurance Navigation:** Help determine insurance coverage for NRT and identify other options when necessary.
- **Referrals and Support Services:** Inform participants of other available support services and provide referrals as appropriate.
- **Confidential Follow-Up:** After program completion, DHD#10 TTPs conduct follow-up calls to ensure ongoing support and maintain confidentiality in all communications.

Q2 Highlights

In the second quarter, the Tobacco Treatment Program achieved success with engagement and positive outcomes. Here are the key statistics for Q2:

- January: 13 referrals, 2 enrollments
- February: 6 referrals, 1 enrollment
- March: 12 referrals, 1 enrollment

These numbers reflect the growing awareness and participation in our program, underscoring the importance of accessible and effective tobacco cessation resources.

For more information about the Tobacco Treatment Program, please email quittobacco@dhd10.org or contact your local DHD#10 office by calling 888-217-3904.

You can also visit DHD#10's TTP website for self-referral forms and additional resources: www.livewell4health.org/tobacco-cessation.

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