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www.dhd10.org



www.facebook.com/DHD10

November 16, 2021

Dear Families and School Staff,

Given the increase in COVID-19 cases in our region, District Health Department #10 recommends COVID-19 screening testing for students, families, and school staff for at least the next two weeks. Testing is especially important to keep others safe at upcoming holidays and family gatherings.

Screening testing involves testing people who have no symptoms of COVID-19 (as compared to testing when a person is sick). The recommended frequency of testing is at least twice per week for at least the next two weeks, but it is best to continue it while your community is experiencing increased COVID-19 activity. District Health Department #10 also strongly recommends that individuals undergo screening testing before and after the holidays.

There are multiple testing options available in your area. A list of providers can be found at www.michigan.gov/coronavirustest or by calling 888-535-6136, then press 2.

There are also two opportunities to undergo free, at-home testing for COVID-19 through research studies. **These are completely voluntary.** They are simply an opportunity to access additional testing free of cost.

- If you choose to participate, COVID-19 test kits will be delivered to your home for either two weeks or twelve weeks, depending on which study you choose.
 Additional details about the studies are listed below.
- Please note these are open to school staff, students, and family members who meet the enrollment criteria.
- If you do test positive while enrolled in these studies, please complete <u>this</u> <u>survey</u> as soon as possible. There is also a blue button on our website at <u>www.dhd10.org</u> titles "COVID-19 Home Test Results" linked to the survey. If you do not have access to the internet, call our COVID-19 Hotline at 231-305-8675.

Test Us At Home Study (ages 2 and older)

Test Us At Home is a new, NIH-funded clinical study about COVID-19 testing. The study aims to understand how to best use over the counter COVID-19 tests in people who have no symptoms. If you join the study, two types of COVID-19 tests will be delivered right to your doorstep: 1) a rapid, over-the-counter test and 2) a standard test you will mail to a lab. You will test yourself at home every other day for 15 days. Gift cards of up to \$250 will be provided to participants who complete all the study activities on-time.

Self-Testing for Our Protection from COVID-19 study (ages 8 and older)

STOP COVID-19 is a new, NIH-funded clinical study about COVID-19 testing. The study aims to understand how people use COVID-19 tests at home and whether people will report results from the tests to the Department of Public Health. The study also aims to determine if repeated testing using home tests can help stop the spread of COVID-19 and if immunity from vaccines or previous infection changes over time or due to different variants. This is a twelve-week study and if you decide to participate, you will download a smartphone app, answer questionnaires, and perform testing when prompted by the app. If you meet the study criteria, you will use one or more of the following tests that are delivered to your doorstep: 1) a rapid, over-the-counter test and 2) a standard test you will mail to a lab. Gift cards of up to \$100 will be provided to participants who complete the questionnaires and tests over the 12- week period. Get more details about joining the study at https://covidtestypsiaa.org/learn-about-the-study.html

To your health,

Jennifer Morse, MD, MPH, FAAFP | Medical Director

District Health Department #10