



## TIME FOR FLU SHOTS District Health Department #10 Offering Flu Clinics

September 23, 2019— District Health Department #10 (DHD#10) is helping communities prepare for the upcoming flu season by offering flu vaccines to children, adults, and seniors. Flu season is unpredictable - even healthy people can become seriously ill. The best way to protect you and your family against influenza is to get an annual flu vaccine and the time to do so is now.

The DHD#10 flu clinics in your area is:

Wellston Community Center – Walk In 1273 Seaman Rd, Wellston Tuesday October 8 9:00 - 11:00 AM

Kaleva VFW – Walk In 13300 9 Mile Rd, Kaleva Tuesday October 8 1:00 – 3:00 PM

District Health Department #10 – Walk in or call 888-217-3904 to schedule 385 Third Street, Manistee Tuesday October 22 9:00 - 11:00 AM and 1:00 – 3:00 PM

Manistee Senior Center - Call the center 231-723-6477 to schedule 457 River Street, Manistee Friday October 25 9:00 - 11:00 AM and 1:00 – 3:00 PM

The cost for the seasonal flu vaccination without insurance is \$37. High dose and preservative-free flu shots are available for \$42.

Many health insurance plans now cover the cost of flu vaccines. If not, DHD#10 may be able to help through Vaccines for Children (VFC) or other programs. DHD#10 will bill Medicare or Medicare Health Plans (only for flu, pneumococcal, and PCV13 vaccinations), Medicaid, Medicaid Health Plans, Priority Health, Blue Cross Blue Shield, Blue Care Network (excludes Mercy Partnered Plans), Cigna, McLaren Commercial, ASR, TRICARE and United Health Care with an insurance card present at the time of appointment. It is important to be aware of your insurance benefit rules.

For more information visit <a href="https://www.dhd10.org/locate-flu-clinic">www.dhd10.org/locate-flu-clinic</a>.



## MEDIA CONTACT

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## **COUNTIES SERVED:**

Crawford Kalkaska Lake Manistee Mason Mecosta Missaukee Newaygo Oceana Wexford





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