

Influenza Vaccine

For You and Your Baby

Did you know?

Babies, Children, Young Adults and Pregnant Women are at greater risk for influenza infection and its complications. The good news is there are vaccines that may help protect you and your loved ones from this virus. The flu shot is highly recommended for :

- Caregivers and household contacts of babies under 6 months of age (babies under 6 months of age cannot receive the vaccine).
- Pregnant Women.
- Babies/Children/Young Adults (6 months — 24 years of age).



There are two flu vaccines this year:

- Seasonal flu vaccine (available now)
- 2009 H1N1 flu vaccine (available late October)



Have you and your children been vaccinated? Call today:

DISTRICT HEALTH DEPARTMENT #10

Crawford County: 989-348-7800
Kalkaska County: 231-258-8669
Lake County: 231-745-4663
Manistee County: 231-723-3595
Mason County: 231-845-7381

Mecosta County: 231-592-0130
Missaukee County: 231-839-7167
Newaygo County: 231-689-7300
Oceana County: 231-873-2193
Wexford County: 231-775-9942